



Week Eleven Activities

Arts and Crafts

Windsock



STEM

Frog Launchers



Cooking

Donut Holes



Family Activity

Water Fight!



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Week Eleven Arts and Crafts

Windsock

SUPPLIES:

- ◆ Blue construction paper
- ◆ Cotton balls
- ◆ Yarn
- ◆ Pipe cleaner
- ◆ Scissors
- ◆ Glue
- ◆ Tape



INSTRUCTIONS:

- ◆ Take your full piece of paper, and lay it out in front of you. Take your cotton balls, and pull and spread them out to make cloud shapes. Once you have your clouds, glue them to the paper.
- ◆ Roll the paper into a tube, and either tape or glue to secure the tube together
- ◆ Thread your yarn through the holes, making the yarn equal on both sides. Don't worry about securing it down—the raindrops will keep it from coming undone!
- ◆ Once the yarn is through each hole, draw and cut out raindrops for each end of the yarn. Glue the yarn ends to the rain drops.
- ◆ Put the pipe cleaner through the holes in the top of the windsock, and bend to secure.
- ◆ Hang your windsock up!

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Week Eleven STEM

Frog Launcher

SUPPLIES:

- ◆ Cup
- ◆ Frog
- ◆ Spoon
- ◆ Popsicle sticks
- ◆ Rubber bands
- ◆ String
- ◆ Tape



INSTRUCTIONS:

- ◆ Using the materials and your imagination, make a launcher for your frog.
- ◆ How creative can you be?
- ◆ How far can you make your frog fly?
- ◆ Send us a picture of your creation! Text 651.321.3404 or email jenniferw@cpymn.org

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Week Eleven Cooking

Donut Holes and Chocolate Sauce

SUPPLIES:

DONUT HOLES

- ◆ 1 can refrigerated biscuits
- ◆ 1 stick of butter
- ◆ 1/2 c sugar
- ◆ 1 tbsp cinnamon

CHOCOLATE SAUCE

- ◆ 1/2 c cocoa powder
- ◆ 1 c sugar
- ◆ 1 1/2 tsp vanilla
- ◆ 1/2 c cold water
- ◆ Pinch of salt



INSTRUCTIONS:

- ◆ Preheat oven to 350 degrees and grease a shallow baking dish
- ◆ Separate and cut each biscuit into 4 pieces. Roll each piece into a ball.
- ◆ Melt the butter in a small microwave safe bowl.
- ◆ While the butter is melting, mix together the cinnamon and sugar in a separate bowl.
- ◆ Dip the dough balls into the butter, and then roll them around in the cinnamon sugar mixture.
- ◆ Line them all up in your dish, and bake for 15-20 minutes.
- ◆ While the donuts are baking, in a cold saucepan whisk together cocoa and sugar until lumps are removed.
- ◆ Add the salt and water to the pan, and boil over medium heat. Reduce to a simmer, and stir constantly for 30 seconds, then remove from heat.
- ◆ Let cool, and add the vanilla.
- ◆ Dip your donuts in the chocolate sauce, and enjoy!

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Week Eleven Family Activity

Water Fight!

SUPPLIES:

- ◆ Splash balls
- ◆ Bucket of water



INSTRUCTIONS:

- ◆ Head outside and cool off with a water fight!

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Week Eleven Middle School Activity

Tie Dye

SUPPLIES:

- ◆ T-shirt
- ◆ Rubber Bands
- ◆ Tie-Dye
- ◆ Hot Water



INSTRUCTIONS:

- ◆ Prep your work space—cover your table with a plastic table cloth, plastic wrap etc
- ◆ Prep your project—decide on a pattern for your shirt, and get it ready using the rubber bands if needed
- ◆ Wearing your gloves, fill the dye bottle with water to the line on the bottle. Shake the bottle until all the dye is dissolved.
- ◆ Apply the dye to the fabric, ensuring the dye reaches all parts of the shirt. Do not over saturate or put the dye too close together—this will muddle the colors
- ◆ Wrap the fabric in plastic wrap to keep it damp. Allow colors to sit 6-8 hours, longer for more vibrant colors!
- ◆ Rinse well with water until all excess dye is removed. Cut rubber bands if used.
- ◆ Wash the shirt in hot water, with a small amount of soap. **DO NOT WASH WITH OTHER ITEMS.**
- ◆ Once clean, wear your creation!

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