



Week Eight Activities

Arts and Crafts

Coffee Filter Sunflowers



STEM

Balloon Rockets



Cooking

Applesauce Brownies



Family Activity

Post-it Game



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Week Eight Arts and Crafts

Coffee Filter Sunflowers

SUPPLIES:

- ◆ 3 coffee filters
- ◆ Green construction paper
- ◆ Blue construction paper
- ◆ Brown beans
- ◆ Yellow Markers
- ◆ White Markers
- ◆ Water
- ◆ Glue



INSTRUCTIONS:

- ◆ Take your coffee filters and color them yellow and orange. Spray them with water to get them wet, but not soaking wet. You will see the colors start to blend together!
- ◆ Allow the coffee filters to dry. While drying, cut out a stem and leaves out of the green construction paper.
- ◆ Once dry, cut petals in the coffee filters.
- ◆ Glue the stem and leaves onto the blue paper. Glue the coffee filter flowers on top.
- ◆ Once dry, glue down the beans for the center of the flower.
- ◆ Hang up your masterpiece!

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Week Eight STEM

Balloon Rockets

SUPPLIES:

- ◆ String
- ◆ Straws
- ◆ Balloons
- ◆ Tape



INSTRUCTIONS:

- ◆ Tape one end of the string to a chair or the wall
- ◆ Thread the string through the straw
- ◆ Blow up the balloon, but DO NOT tie it shut. Tape the straw onto the balloon
- ◆ Hold the string up, or tape it to an opposite wall, while holding the balloon closed
- ◆ When ready, let go of the balloon and watch it fly down the string!
- ◆ Experiment with angles, balloon size, and more to determine how it will fly the fastest
- ◆ Send a video or photo to jenniferw@cpymn.org or tag us on Facebook!

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Week Eight Cooking

Applesauce Brownies

SUPPLIES:

- ◆ 1 cup applesauce
- ◆ 1/2 c peanut butter
- ◆ 1/2 c cocoa powder



INSTRUCTIONS:

- ◆ Preheat oven to 350 degrees and coat a small pan with cooking spray and set aside
- ◆ In a microwave safe bowl, melt your peanut butter 30 seconds at a time, until liquid
- ◆ In a large mixing bowl, add applesauce and nut butter and mix well. Once mixed, add cocoa powder and incorporate.
- ◆ Transfer batter to loaf pan, and bake for 35-40 minutes, until baked through
- ◆ Allow brownies to cool in the pan completely, then refrigerate over night.
- ◆ Remove brownies from the pan, slice into bars and enjoy!

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Week Eight Family Activity

Post-it Game

SUPPLIES:

- ◆ Post-it notes
- ◆ Pen
- ◆ List of names



INSTRUCTIONS:

- ◆ Using your pen and the list of names, put one name per post-it
- ◆ Players then blindly place a post-it on their forehead.
- ◆ Once each player has a post-it, take turns asking yes/no questions to guess who is on your post-it
- ◆ The first person to guess their post-it takes a new one from the stack. Keep going until one person has guessed 5 people!

SAMPLE QUESTIONS:

- ◆ Am I a person?
- ◆ Am I a girl?
- ◆ Am I in a movie?
- ◆ Am I singer?
- ◆ Am I in a TV show?
- ◆ Am I in a cartoon?
- ◆ Do I have hair?

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