



Week Four Activities

Arts and Crafts

Craft stick pencil cups

STEM

Pom Pom Poppers

Cooking

Ice Cream in a Bag

Family Activity

Balloon Tennis



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Week Four Arts and Crafts

Craft Stick Pencil Cups

SUPPLIES:

- ◆ Clean tin can
- ◆ Craft sticks
- ◆ Rubber bands
- ◆ Ribbon



INSTRUCTIONS:

- ◆ Take a rubber band and place it around the tin can, making sure it fits nice and snug
- ◆ Take craft sticks and place them underneath the rubber band
- ◆ Continue to place sticks until the can is filled
- ◆ Decorate the sticks with markers, paint etc
- ◆ Tie a ribbon around the rubber band to cover it up
- ◆ Fill your cup up!

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Week Four STEM

Pom Pom Poppers

SUPPLIES:

- ◆ Plastic cup
- ◆ Balloon
- ◆ Cotton Balls
- ◆ Scissors



INSTRUCTIONS:

- ◆ Cut off the bottom portion of your cup
- ◆ Tie a knot in the end of your balloon—leave it long enough for a handle
- ◆ Cut off about 1/2inch from the end opposite of your knot
- ◆ Stretch the balloon over the larger end of the cup (use the lip to hold it in place)
- ◆ Now its time to launch!
- ◆ Put the cotton balls inside the balloon, pull back on your “handle” and launch away! See how far you can make it go!

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Week Four Cooking

Ice Cream in a Bag

SUPPLIES:

- ◆ 1 c half and half
- ◆ 1.5 tsp vanilla extract
- ◆ 1 tbsp sugar
- ◆ Ice
- ◆ 1/4 c rock salt
- ◆ Large Ziploc bag
- ◆ Small Ziploc bag



INSTRUCTIONS:

- ◆ Pour 1 c half and half into the smaller bag
- ◆ Add in vanilla and sugar, then seal the bag, getting as much air out as possible
- ◆ Fill the larger bag about 1/2 up with ice. Add in 1/4 c rock salt
- ◆ Place your sealed smaller bag inside the larger bag.
- ◆ Fill the larger bag up with more ice. Seal the large bag.
- ◆ Put on gloves (or hot pads) and shake the bags for 6-10 minutes.
- ◆ Take the small bag out of the large bag. Rinse the small bag off, making sure to get above the seal as well.
- ◆ Carefully open the small bag, making sure not to get any salt in your ice cream!
- ◆ Using a spoon, mix the ice cream to soften in.
- ◆ Scoop into bowls and enjoy!

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Week Four Family Activity

Balloon Tennis

SUPPLIES:

- ◆ 4 paper plates
- ◆ 4 large popsicle sticks
- ◆ 4 balloons



INSTRUCTIONS:

- ◆ Decorate your paper plates however you choose
- ◆ Take the popsicle stick, and glue it to the paper plate. Let dry.
- ◆ Blow up the balloons.
- ◆ Play a game of tennis with the plates as paddles!



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Week Four Middle School Activity

Stained Glass Art

SUPPLIES:

- ◆ Picture Frame
- ◆ Printed Picture
- ◆ Black Puffy Paint
- ◆ Acrylic Paints
- ◆ Water



INSTRUCTIONS:

- ◆ Trace your printed picture (or create your own design) onto the glass of the frame using the black puffy paint
- ◆ Mix the acrylic paints with water (you want your mixture to be half paint, half water)
- ◆ Using the paints, fill in your picture on the frame
- ◆ Place a plain piece of paper in the frame to serve as a backdrop for the painting
- ◆ Hang and enjoy!

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